

FACT SHEET
OFFICE OF RESEARCH, DEVELOPMENT AND INFORMATION (ORDI)
Minnesota Senior Health Options/Minnesota Disability Health Options
MSHO/MnDHO
Section 402 Medicare Waiver Demonstration

Fact Sheet Update:	5/27/03
Project Number:	95-W-00080/5
Awardee:	Minnesota Department of Human Services
Date Waiver Request Submitted:	April 6, 2001
Date Waiver Request Approved:	October 1, 2001
Implementation Date:	MSHO extension period 10/1/01 – 12/31/04 MnDHO expansion 11/1/01 – 12/31/04
Lead CMS Organization:	ORDI

The State of Minnesota submitted a request to extend the current Minnesota Senior Health Options (MSHO) demonstration and to expand eligibility criteria to the physically disabled, ages 18 - 65. The expansion program is titled Minnesota Disability Health Options (MnDHO). The State requested to include the disabled population under the same Medicare payment methodology utilized for MSHO. MnDHO was implemented November 1, 2002. The MSHO extension and MnDHO expansion request is for a three - year period.

Medicare services for MSHO and MnDHO are provided using a demonstration wavier under Section 402 of the Social Security Amendments of 1967. Medicaid services are provided under §1915(a) and §1915(c) of the Social Security Act.

MSHO's current total enrollment is 4,833 beneficiaries and it is expected to increase to 6,199 at the end of the three-year extension period. The State began enrollment for MnDHO in November 1, 2001 and current enrollment is 176 beneficiaries.

MSHO and MnDHO are managed care products that integrate Medicare and Medicaid financing; acute and long-term care service delivery for dually eligible and Medicaid eligible physically disabled adults and elderly in a ten county area in Minnesota, including the Twin Cities. MnDHO will be implemented initially in Hennepin, Ramsey, Dakota and Anoka counties and will expand to three more of the 10 MSHO counties.

Enrollment in MSHO and MnDHO is voluntary and available to dually eligible beneficiaries living in institutions, community enrollees who meet institutional placement criteria and other community enrollees whose needs do not meet institutional levels of care. MSHO and MnDHO provides all Medicare and Medicaid benefits including home and community based waiver services, and 180 days of nursing home care under the capitation payment for the dually eligible beneficiaries. Additional nursing home days are paid on a fee for service (FFS) basis.

Under traditional Medicare and Medicaid programs, dual eligible beneficiaries must enroll separately in Medicare and Medicaid. MSHO and MnDHO eliminate this duplicate enrollment procedure for dual eligibles. In addition, Medicare and Medicaid managed care requirements are combined under one contract managed by the State.

As a new product, MnDHO has specific contract requirements to meet the needs of people with disabilities. However, unlike MSHO, MnDHO does not build upon existing mandatory managed care programs, since there are no mandatory managed care enrollment requirements for people with disabilities under age 65.